



**CARLETON PARK**  
J & I SCHOOL

**Carleton Park J & I School**  
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11<sup>th</sup> July 2024

### **Swimming Lessons 2024-2025**

Dear Parents/Carers,

When your child moves up into Year 4 next September, they will have the opportunity to take part in swimming lessons at Aspire Leisure Centre.

Swimming lessons will commence on Tuesday 10<sup>th</sup> September and will continue every Tuesday until notified. The children will be picked up by coach at approximately 9.45am.

Pupils will need to arrive at school with their swimwear underneath their school uniform and bring a towel and underwear. Children should wear appropriately fitting costumes/trunks and shorts specifically designed for swimming. Baggy costumes/trunks can hamper movement in the pool. No jewellery should be worn during a swimming lesson. Swimming goggles may be used if they wish.

Pupils will be accompanied by their teacher at all times and fully qualified aquatics instructors will take responsibility for pupils during their swimming lesson. The instructors will continually assess all pupils' progression throughout the year.

Learning to swim is an essential life skill. The ability to swim out of danger can be a lifesaver and having fun at your local pool is great for health, fitness, and confidence.

Yours faithfully,

Mr J Ayre  
Headteacher