

WEEK ONE	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Main Meal Option 1 (&amp; Halal Equivalent where Required)</b>	Wholemeal Cheese & Tomato Pizza with Wholemeal Garlic Bread 	All Day Pork Sausage Served with Baked Omelette, Country Diced Potatoes, Baked Beans or Sweetcorn	Chicken Pie & Mashed Potatoes	Creamy Korma Style Chicken & Lentil Curry served with Mixed Rice 	Fish Fingers & Chips With optional Tomato Ketchup
<b>Vegetarian Main Meal Option 2 (To Match Main Option 1)</b>	Creamy Vegetable Penne Pasta Carbonara	All Day Veggie Sausage Breakfast Served with Country Diced Potatoes & Baked Beans or Sweetcorn NDP	Veg Mince & Vegetable Pie (Ve) served with Mashed Potato NDP 	Cauliflower Cheese & Pasta Bake (ve) 	Cheese Flan/Quiche & Chips With optional Tomato Ketchup
<b>Pasta</b>	Pasta with Tomato Sauce 	Pasta with Tomato Sauce 	Pasta with Tomato Sauce 	Pasta with Tomato Sauce 	Pasta with Tomato Sauce 
<b>Jacket Potatoes</b>	Jacket Potato with Cheese, Baked Beans or Tuna	Jacket Potato with Cheese, Baked Beans or Tuna	Jacket Potato with Cheese, Baked Beans or Tuna	Jacket Potato with Cheese, Baked Beans or Tuna	Jacket Potato with Cheese, Baked Beans or Tuna
<b>Filled Sandwiches/ Wraps</b>	Filled Sandwiches/ Wraps with Cheese, Tuna or Ham	Filled Sandwiches/ Wraps with Cheese, Tuna or Ham	Filled Sandwiches/ Wraps with Cheese, Tuna or Ham	Filled Sandwiches/ Wraps with Cheese, Tuna or Ham	Filled Sandwiches/ Wraps with Cheese, Tuna or Ham
<b>Vegetables</b>	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad
<b>Dessert</b>	Marble Sponge & Custard	Chocolate Shortbread Biscuits (Ve)& Fruit Slices 	Iced Banana Traybake	Oat & Raisin Cookie (Ve) & Fresh Watermelon Slice 	Chocolate Ice Cream

**Available Daily:** Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg



Source of wholegrain



Contains plant-based proteins



50% fruit



Oily fish














**Our desserts meet Public Health England's target for 'free sugar' intake for your child.**

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.

# Spring Summer 24 – Week Two



WEEK TWO	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Main Meal Option 1 (&amp; Halal Equivalent where Required)</b>	Wholemeal Cheese & Tomato Pizza with Garlic Bread	Hot Dog Baguette served with Freshly Made Coleslaw Salad 	Roast Chicken (halal) served with Skin on Roast Potatoes & Gravy	Beef Bolognese (halal) & Penne Pasta 	Fish Fingers & Chips With optional Tomato Ketchup
<b>Vegetarian Main Meal Option 2 (To Match Main Option 1)</b>	Macaroni Cheese	Veggie Sausage Hot Dog Baguette Served with Freshly Made Coleslaw Salad 	Veg Mince Cottage Pie served with Skin on Roast Potatoes & Gravy 	Veggie Mince Bolognese & Penne Pasta 	Cheese & Onion Puff Pastry Roll with Chips With optional Tomato Ketchup
<b>Pasta</b>	Pasta with Herby Tomato Sauce 	Pasta with Herby Tomato Sauce 	Pasta with Herby Tomato Sauce 	Pasta with Herby Tomato Sauce 	Pasta with Herby Tomato Sauce 
<b>Jacket Potatoes</b>	Jacket Potato with Cheese, Baked Beans or Tuna	Jacket Potato with Cheese, Baked Beans or Tuna	Jacket Potato with Cheese, Baked Beans or Tuna	Jacket Potato with Cheese, Baked Beans or Tuna	Jacket Potato with Cheese, Baked Beans or Tuna
<b>Filled Sandwiches/ Wraps</b>	Filled Sandwiches/ Wraps with Cheese, Tuna or Ham	Filled Sandwiches/ Wraps with Cheese, Tuna or Ham	Filled Sandwiches/ Wraps with Cheese, Tuna or Ham	Filled Sandwiches/ Wraps with Cheese, Tuna or Ham	Filled Sandwiches/ Wraps with Cheese, Tuna or Ham
<b>Vegetables</b>	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad
<b>Dessert</b>	Ginger & Mandarin Traybake 	Cornflake Bun	Freshly Baked Chocolate Cookie (Ve)	Flapjack Finger (Ve) With a fresh slice of Watermelon 	Homemade Shortbread Biscuits (Ve)

**Available Daily:** Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg



Source of wholegrain



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Oily fish















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# Spring Summer 24 – Week Three

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt



WEEK THREE	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Main Meal Option 1</b> (& Halal Equivalent where Required)	Wholemeal Cheese & Tomato Pizza served with Wholemeal Garlic Bread 	Pork Sausage Roll with Homemade Skin on Baked Potato Wedges	Savoury Mince served with Yorkshire Pudding & Skin Roast Potatoes & Gravy NDP 	Beef Lasagne Served with Garlic Slice 	Fish Fingers and Chips with optional Tomato Ketchup
<b>Vegetarian Main Meal Option 2</b> (To Match Main Option 1)	Mildly Spiced Vegetable Chilli & Rice (Ve) NDP	Cheese & Onion Puff Pastry Roll served with Homemade Skin on Baked Potato Wedges	Vegan Savoury Mince (Ve) With Yorkshire Pudding Served with Skin on Roast Potatoes & Gravy 	Vegetarian Lasagne Served with Garlic Slice 	Cheese & Tomato Pizza Whirl & Chips
<b>Pasta</b>	Pasta with Herby Tomato Sauce 	Pasta with Herby Tomato Sauce 	Pasta with Herby Tomato Sauce 	Pasta with Herby Tomato Sauce 	Pasta with Herby Tomato Sauce 
<b>Jacket Potatoes</b>	Jacket Potato with Cheese, Baked Beans or Tuna	Jacket Potato with Cheese, Baked Beans or Tuna	Jacket Potato with Cheese, Baked Beans or Tuna	Jacket Potato with Cheese, Baked Beans or Tuna	Jacket Potato with Cheese, Baked Beans or Tuna
<b>Filled Sandwiches/ Wraps</b>	Filled Sandwiches/ Wraps with Cheese, Tuna or Ham	Filled Sandwiches/ Wraps with Cheese, Tuna or Ham	Filled Sandwiches/ Wraps with Cheese, Tuna or Ham	Filled Sandwiches/ Wraps with Cheese, Tuna or Ham	Filled Sandwiches/ Wraps with Cheese, Tuna or Ham
<b>Vegetables</b>	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad
<b>Dessert</b>	Baked Apple Sponge served with Custard 	Tutti Frutti Jelly and Mandarins (Ve) 	Freshly Baked Vanilla Cookie (Ve)	Zesty Lemon Cookie	Homemade Flapjack (Ve)

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt

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