**Autumn Winter Menu 2023/24 – Week One**

**Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt**

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| **WEEK ONE** | **GREEN EARTH MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| **Planet Friendly Option** | **Cheese & Tomato**  **Pizza** **& Garlic Bread**  **A picture containing text, clipart  Description automatically generated** | **Vegetable Meatballs, Tomato Sauce & Rice** | **Quorn Sausage Casserole in a Yorkshire Pudding**  **A picture containing text, clipart  Description automatically generated** | **Cheese & Onion Pastry Roll & Skin on Baked Wedges** | **Mediterranean Vegetable Pasta Bake**  **A logo of an apple  Description automatically generatedA picture containing text, clipart  Description automatically generated** |
| **Option Two** | **Homemade Macaroni Cheese** | **Chicken & Indian Lentil Tikka**  **Masala Curry & Rice**  **A picture containing text, clipart  Description automatically generated** | **Filled Yorkshire Pudding with Beef & Vegetable Mince & Roast Potatoes** | **Pork Sausage Roll**  **& Skin on Baked Wedges** | **Cod Fish Fingers &**  **Chips** |
| **Vegetables** | **Mixed Vegetables, Sweetcorn**  **A logo of an apple  Description automatically generated** | **Peas, Cauliflower**  **A logo of an apple  Description automatically generated** | **Carrots,**  **Seasonal Greens**  **A logo of an apple  Description automatically generated** | **Green Beans, Sweetcorn**  **A logo of an apple  Description automatically generated** | **Baked Beans, Peas**  **A logo of an apple  Description automatically generatedA picture containing text, clipart  Description automatically generated** |
| **Sandwiches, Pasta** | **Freshly Made Sandwich with Cheddar, Tuna Mayonnaise or Ham**  **Pasta with Cheese or Italian Tomato & Basil Sauce** | | | | |
| **Baked Jacket Potatoes** | **Jacket Potato with Tuna Mayonnaise** or **Cheese** or **Beans** | **Jacket Potato with Tuna Mayonnaise** or **Cheese** or **Beans** | **Jacket Potato with Tuna Mayonnaise** or **Cheese** or **Beans** | **Jacket Potato with Tuna Mayonnaise** or **Cheese** or **Beans** | **Jacket Potato with Tuna Mayonnaise or Cheese,** or **Beans** |
| **Dessert** | **Homemade Apple Sponge Cake** | **Oaty Flapjack Finger** | **Homemade Vanilla Sponge & Custard** | **Fruity Strawberry Jelly & Mandarin Segments** | **Chocolate Shortbread** |

**Autumn Winter Menu 2023/24 – Week Two**

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| **WEEK TWO** | **GREEN EARTH MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| **Planet Friendly Option** | **Loaded Cheesy Bean Hot Pitta Parcel**  **A logo of an apple  Description automatically generatedA picture containing text, clipart  Description automatically generated** | **Plant-based Bolognaise Pasta with Lentils, Peppers & Basil**  **A logo of an apple  Description automatically generatedA picture containing text, clipart  Description automatically generated** | **Quorn Sausage Toad in the Hole, Roast Potatoes & Gravy** | **Homemade Macaroni Cheese** | **Cheese & Onion Pastry Roll & Chips** |
| **Option Two** | **Homemade Cheese & Tomato Pizza & Garlic Bread**  **A picture containing text, clipart  Description automatically generated** | **Hearty Pasta Bolognaise with Peppers**  **A logo of an apple  Description automatically generatedA picture containing text, clipart  Description automatically generated** | **Toad in the Hole, Roast Potatoes & Gravy** | **Mexican Style Chicken, Bean & Sweetcorn Burrito**  **A picture containing text, clipart  Description automatically generated** | **Cod Fish Fingers & Chips** |
| **Vegetables** | **Sweetcorn, Peas**  **A logo of an apple  Description automatically generated** | **Green Beans, Carrots**  **A logo of an apple  Description automatically generated** | **Cauliflower,**  **Seasonal Greens A logo of an apple  Description automatically generated** | **Mixed Vegetables, Sweetcorn A logo of an apple  Description automatically generated** | **Baked Beans, Peas**  **A logo of an apple  Description automatically generatedA picture containing text, clipart  Description automatically generated** |
| **Sandwiches, Rice & Pasta** | **Freshly Made Sandwich with Cheddar, Tuna Mayonnaise or Ham or Pasta with Cheese or Italian Tomato & Basil Sauce** | | | | |
| **Baked Jacket Potatoes** | **Jacket Potato with Tuna Mayonnaise** or **Cheese** or **Beans** | **Jacket Potato with Tuna Mayonnaise** or **Cheese** or **Beans** | **Jacket Potato with Tuna Mayonnaise** or **Cheese** or **Beans** | **Jacket Potato with Tuna Mayonnaise** or **Cheese** or **Beans** | **Jacket Potato with Tuna Mayonnaise** or **Cheese** or **Beans** |
| **Dessert** | **Apple & Sultana Crumble Bar** | **Homemade Lemon Cake & Custard** | **Banana Cake & Fruit Slices** | **Chocolate Cookie** | **Fruity Strawberry Jelly** |

**Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt**

**Autumn Winter Menu 2023/24 – Week Three**

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| **WEEK THREE** | **GREEN EARTH MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| **Planet Friendly Option** | **Homemade Cheese & Tomato Pizza & Garlic Bread**  **A picture containing text, clipart  Description automatically generated** | **Plant-based Mince & Lentil Cottage Pie**  **A picture containing text, clipart  Description automatically generated** | **Quorn Sausage, Roast Potatoes & Gravy** | **Quorn Mince Chilli & Rice**  **A picture containing text, clipart  Description automatically generated** | **Cheese & Onion Pastry Roll & Chips** |
| **Option Two** | **Homemade Macaroni Cheese** | **Smoky Barbeque Chicken & Sweetcorn Meatballs & Rice** | **Roast of the Day, Roast Potatoes & Gravy** | **Beef Mince Chilli & Rice**  **A logo of an apple  Description automatically generatedA picture containing text, clipart  Description automatically generated** | **Cod Fish Fingers**  **& Chips** |
| **Vegetables** | **Sweetcorn, Cauliflower**  **A logo of an apple  Description automatically generated** | **Mixed Vegetables, Peas**  **A logo of an apple  Description automatically generated** | **Seasonal Greens, CarrotsA logo of an apple  Description automatically generated** | **Green Beans, CauliflowerA logo of an apple  Description automatically generated** | **Baked Beans, Peas**  **A picture containing text, clipart  Description automatically generatedA logo of an apple  Description automatically generated** |
| **Sandwiches, Rice & Pasta** | **Freshly Made Sandwich with Cheddar, Tuna Mayonnaise or Ham**  **Pasta with Cheese or Italian Tomato & Basil Sauce** | | | | |
| **Baked Jacket Potatoes** | **Jacket Potato with Tuna Mayonnaise** or **Cheese** or **Beans** | **Jacket Potato with Tuna Mayonnaise** or **Cheese** or **Beans** | **Jacket Potato with Tuna Mayonnaise** or **Cheese** or **Beans** | **Jacket Potato with Tuna Mayonnaise** or **Cheese** or **Beans** | **Jacket Potato with Tuna Mayonnaise** or **Cheese** or **Beans** |
| **Dessert** | **Chocolate Banana Cake** | **Oaty Flapjack Finger with Fruit** | **Homemade Chocolate Sponge & Custard** | **Citrusy Lemon Drizzle Cake** | **Shortbread & Mandarin Pieces** |

**Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt**