



**CARLETON PARK**  
J & I SCHOOL

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14th June 2023

Dear parent(s)/carer(s)

### Swimming Lessons

As your child will be moving up years next September, they will have the opportunity to take part in swimming lessons at Aspire Leisure Centre.

Swimming lessons will commence on Tuesday 12<sup>th</sup> September and will continue every Tuesday for the full academic year. The children will be picked up by coach at 9am.

Pupils will need to arrive at school with their swimwear underneath their school uniform and bring a towel and underwear. Children should wear appropriately fitting costumes/trunks and shorts specifically designed for swimming. Baggy costumes/trunks can hamper movement in the pool. No jewellery should be worn during a swimming lesson. Swimming goggles may be used if they wish.

Pupils will be accompanied by their teacher at all times and fully qualified aquatics instructors will take responsibility for pupils during their swimming lesson. The instructors will continually assess all pupils' progression throughout the year.

Learning to swim is an essential life skill. The ability to swim out of danger can be a lifesaver and having fun at your local pool is great for health, fitness, and confidence.

Yours faithfully,

Mr J Ayre  
Headteacher