

# Carleton Park J & I Weekly Newsletter

**Weekending Friday 17<sup>th</sup> July 2020**

Dear Parents/Carers,

## **We have made it!**

I would like to say an enormous thank you to the Carleton Park community who have been incredible; the support you have shown us throughout this challenging time has been first class.

It is a time of mixed emotions, we say goodbye to a special group of Year 6 children and not in the way any of us had planned. The children's resilience and optimistic attitudes have been exemplary and I will no doubt talk of you positively in the coming months as a shining example to the remaining pupils of Carleton Park School.

I would also like to mention the pride I have in our staff. Back in June I delivered the risk assessment training to the whole staff team and the underlying message was that the risk assessment was not worth the paper it was written on unless we followed it to the letter. I asked them to be role models and to ultimately build the trust and confidence in our community that Carleton Park J & I School was a safe place to be. I believe they did this and more! Your welcomed comments and thanks have been shared with them every step of the way and I, like you, appreciate all the hard work they have put in – because at Carleton Park the children really do come first!

Everyone has certainly earned some time over the summer break to rest and recuperate in readiness for September.

Stay safe, enjoy your summer break and see you in September; to our Year 6s as mentioned above, you are a brilliant group of children and we wish you every success as you step out on your own in the next chapter of your academic journey!

## **Have a great summer everyone!**



If you have any questions regarding any of the information detailed above, please contact the school via admin email: [admin@carletonpark.patrust.org.uk](mailto:admin@carletonpark.patrust.org.uk)

# Farewell and Good luck Class of 2020!

One last  
thing from  
Mrs B...



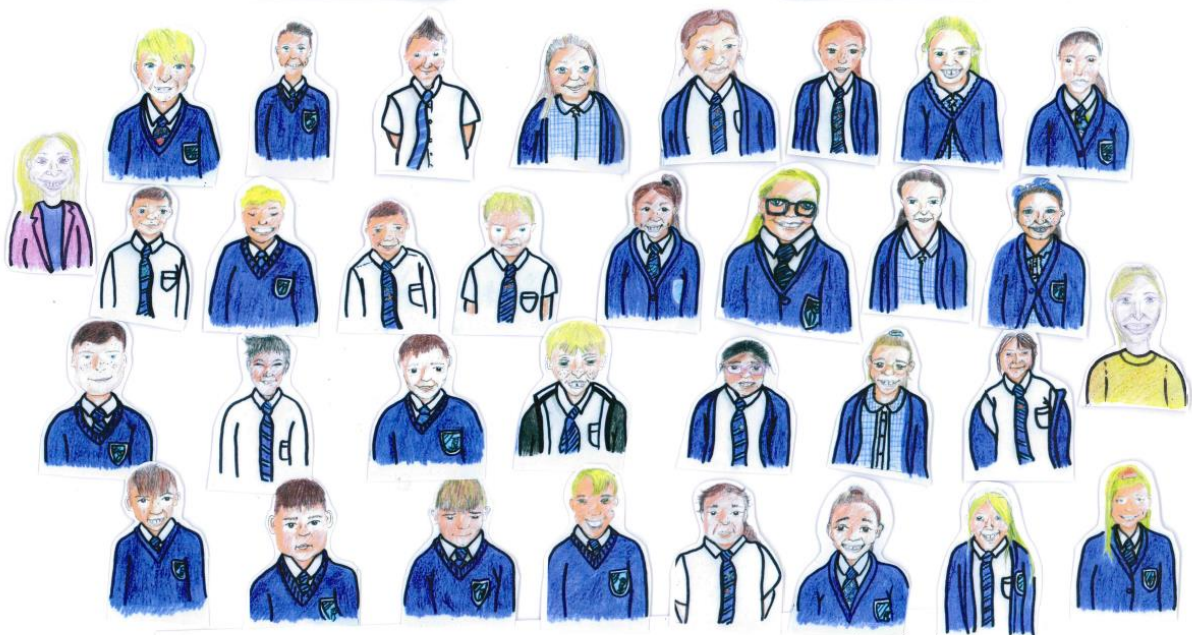
Coming to the end of a particular part of your life can be difficult but the end of one chapter means the beginning of another; a chapter full of potential and opportunity!

Each and every one of you has shown how wonderful you are when you try your best- keep the confidence you have gained this year and be ready to make the most of the opportunities at your high schools.

There may be times when you will need to be courageous, sometimes even daring. You may need to stand up for yourselves, and you may need to speak up too. But as long as you place kindness at the heart of what you do, and try to maintain positive and honest friendships, then I know you will be continue to be successful.

Though you may be leaving primary school, primary school will never leave you! You know you will always, always, be welcome to return as part of our Carleton Park family.

## Class of 2020



To all my wonderful Year 6 children, I want you to know that I am so proud of every single one of you. I have loved watching you grow in confidence and I want to thank you for working so hard this year. All the extra effort, from boosters to the learning you have continued at home- it will not be wasted- your high schools will be lucky to have such a determined (and wonderfully crazy) bunch of young people. I will miss you all but I know it's time for you to spread your wings and start a new chapter. Good luck Year 6! Mrs Bowman x



## Summer Home Learning...

This half term has seen so many of you engage in the home learning produced by a team of staff from the Pontefract Academies Trust. It has been fantastic to be able to join the children in the live sessions and see all their wonderful pieces of work submitted to their portfolios.

We know that many of you are concerned about gaps in learning and the disruption to children's progress, therefore, following on from the success of the weekly home learning schedules, we will be offering guidance on where to access the best resources over the summer holidays.

Documents have been produced for each year group with suggested lessons, activities and games linked to the core subject areas. This is, of course, optional but we hope it provides those who would like to, the opportunity for extra practice and catch-up.

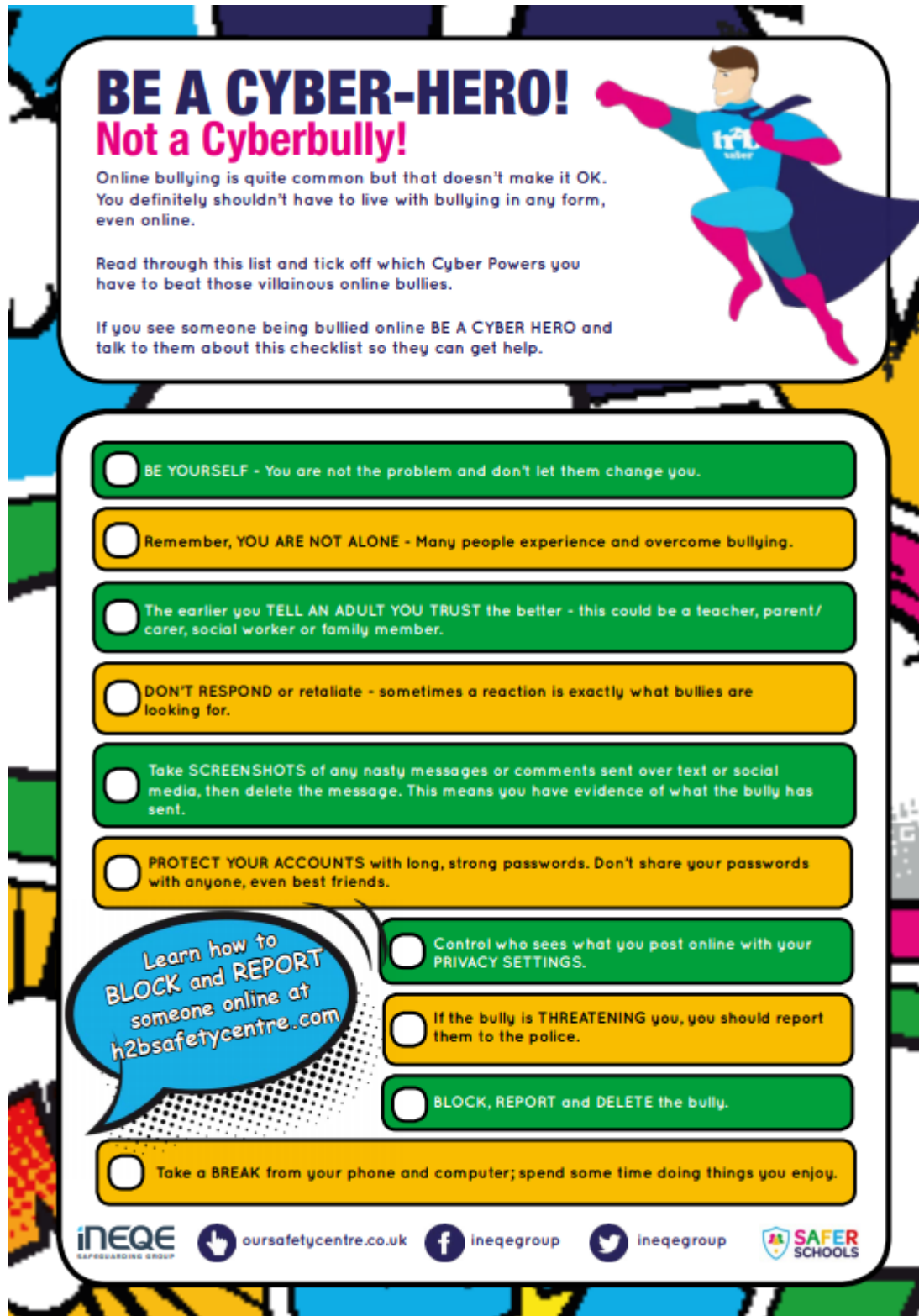
Although we would love you to keep posting to your portfolios, we must stress that teachers will not be responding to posts or answering messages at all over the summer holidays. Thank you for your support with this.

### 😊 Our children in school on their final day 😊



The special Summer Edition of the family activity newsletter has now been released! In this edition families can take part in a virtual sports day, navigate the stars, start checking off a summer bucket list, and take part in some sizzling BBQ recipes – with options for a sweet and savoury tooth! Plus lots more for them to discover. You can access and download the latest [Summer newsletter here](#).

Summer holidays can be a time when children spend more time online. Below is a checklist to 'Be a Cyber-Hero'




**BE A CYBER-HERO!**  
**Not a Cyberbully!**

Online bullying is quite common but that doesn't make it OK. You definitely shouldn't have to live with bullying in any form, even online.





Read through this list and tick off which Cyber Powers you have to beat those villainous online bullies.

If you see someone being bullied online BE A CYBER HERO and talk to them about this checklist so they can get help.



- ☐ **BE YOURSELF** - You are not the problem and don't let them change you.
- ☐ Remember, **YOU ARE NOT ALONE** - Many people experience and overcome bullying.
- ☐ The earlier you **TELL AN ADULT YOU TRUST** the better - this could be a teacher, parent/ carer, social worker or family member.
- ☐ **DON'T RESPOND** or retaliate - sometimes a reaction is exactly what bullies are looking for.
- ☐ Take **SCREENSHOTS** of any nasty messages or comments sent over text or social media, then delete the message. This means you have evidence of what the bully has sent.
- ☐ **PROTECT YOUR ACCOUNTS** with long, strong passwords. Don't share your passwords with anyone, even best friends.
- ☐ Control who sees what you post online with your **PRIVACY SETTINGS**.
- ☐ If the bully is **THREATENING** you, you should report them to the police.
- ☐ **BLOCK, REPORT** and **DELETE** the bully.
- ☐ Take a **BREAK** from your phone and computer; spend some time doing things you enjoy.

Learn how to **BLOCK** and **REPORT** someone online at [h2bsafetycentre.com](http://h2bsafetycentre.com)

**ineqe**  [oursafetycentre.co.uk](http://oursafetycentre.co.uk)  [ineqgroup](#)  [ineqgroup](#)  **SAFER SCHOOLS**



# WF-I CAN



## STAYING POSITIVE & WELL

WF-I-CAN is a place to find information and advice as well as self-help tips that can increase your confidence and resilience.

## NEED A CHAT?

Our support workers are available on our 'Drop-in and Chat'. Please note this is not a counselling service. If you're in crisis and feel you cannot keep yourself safe, call **999**

**Our confidentiality statement** means that what you tell us we will keep private, but sometimes if we are really worried that you or someone else is in danger or at risk of serious harm, we will need to tell someone who can help or keep you safe.



[WWW.WF-I-CAN.CO.UK](http://WWW.WF-I-CAN.CO.UK)

Our Support Workers are available to chat

Monday - Friday 1-5pm and 7-9pm



Wakefield Council  
working for you

NHS  
Wakefield  
Clinical Commissioning Group

ONE TO ONE  
DEVELOPMENT TRUST



## Staying safe online and at home...

# Safety Card: TikTok



Formally known as Musical.ly & Live.ly, TikTok is a free social media platform used to create and share short videos. TikTok rules require the user to be 13 or older to use it and with parental consent if you're under 18. Users are able to create videos of themselves lip-syncing that can last up to 60 seconds. You are able to watch other user's streams & videos, you may be exposed to inappropriate content.

Stay safe on TikTok using the instructions on their Digital Wellbeing section, blocking & reporting below.



## Digital Wellbeing

**Set up Restricted Mode, Screen Time Management & Family Safety Mode on your TikTok app.**

- Tap on in the bottom right corner of the app.
- Tap on & then select **Privacy & Safety**.
- Scroll down and tap on **Digital Wellbeing**.



## Block

**Block a user using these simple instructions;**

- Go to the user you wish to report.
- Tap on
- Tap on **Block** and then **confirm**.



## Report

**Report a user using these simple instructions;**

- Go to the user you wish to report.
- Tap on
- Tap on **Report**.
- Then select why you are reporting.
- Select the part of the users profile you want to report, provide some detail and click **submit**.

For more apps visit;  
[oursafetycentre.com](https://oursafetycentre.com)



[oursafetycentre.com](https://oursafetycentre.com)



[oursaferschools](https://oursaferschools)



[https://oursaferschools.co.uk/home-learning-hub/?\\_hstc=182705273.b7be4db370bc813fc21f632a44084c92.1592481336853.1592481336853.1592499034557.2&\\_hssc=182705273.2.1592499034557&\\_hsfp=18069095](https://oursaferschools.co.uk/home-learning-hub/?_hstc=182705273.b7be4db370bc813fc21f632a44084c92.1592481336853.1592481336853.1592499034557.2&_hssc=182705273.2.1592499034557&_hsfp=18069095)