



Carleton Park J & I Weekly Newsletter

Weekending Friday 27th March 2020



As a Trust, in the interests of pupil and staff safety, we made the difficult decision this week to temporarily close Carleton Park J & I School.

Parents and carers, sensibly, followed the government advice on social distancing and, as a result, pupil numbers attending understandably dropped to extremely low levels. Teachers and school leaders will continue to make phone calls from time to time to see how the children are getting on. In the meantime, please make sure that you keep an eye on the website, Teachers to Parents, this newsletter and our school Facebook page for the latest updates and news.

Stay safe everyone - Mr Ayre

Free School Meal Vouchers

As a Trust, we are working hard to make sure that those families who are in receipt of Free School Meals continue to benefit from this during this period of self-isolation.

All eligible parents should have received an email containing £15 vouchers (per week) that can be exchanged for food at Morrisons supermarket.

If you feel you should have received these vouchers and have yet to do so, please contact us on:

admin@carletonpark.patrust.org.uk

Pastoral phone calls

Please can all parents / carers note that over the course of this period of school closure, teachers and other school staff may make telephone calls to families to 'check in' with them. If you receive one of these calls, please do not be concerned as these are of a pastoral nature. If your child wants to a quick chat to the adult calling them - by all means, put them on the phone!

Learning Packs

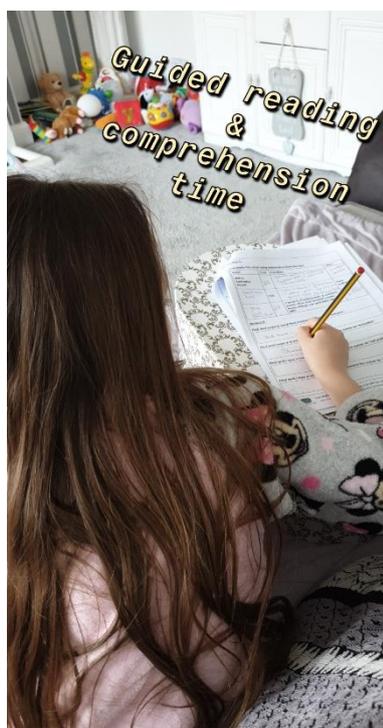
Earlier this week, you received a text to inform you that new learning packs will soon be available. You will be notified next week, in terms of when and how they can be accessed.

In the interests of supporting the government guidance on social distancing, and the potential issues with collecting packs in person, we are moving away from physical paper learning packs to a more online approach.

School Facebook Page

If you have not already done so please keep an eye on our regular activities and updates on our School Facebook page – it has already proved extremely popular as a way of keeping in regular communication and seeing what amazing activities our children have been up to!

Here are some of the images we have shared so far:



You can send your photos in via the 'send message' option on our Facebook page or if you have any problems with this email to admin@carletonpark.patrust.org.uk

Coronavirus – the latest Government information

Please click on the following link for the latest government information on the closure of schools:

[Gov UK Information for Parents and Carers](#)

Thank you.

Wakefield Mumbler – things for your child to do at home

Wakefield Mumbler is a website giving information of what is going on for parents/carers and families in the Wakefield District during school holidays.

The website is being updated with information, ideas and resources to assist parents and carers during the following weeks if their child is at home during school closure.

The site contains:

- free online resources
 - 101 things to do indoors and in the garden
 - gardening with children
 - baking ideas for children
- and much more.

The link to the website is:

<http://bit.ly/mumbler-together>

Resources that might be helpful for children and their families

The following resources may be helpful in supporting children and their families:

- MIND publication: <https://www.mind.org.hk/wp-content/uploads/2020/02/ResponseCoronavirusENG6.2.2020-.pdf>
- A story written for young children to help explain the upcoming over-70s isolation – Cosy Time (see attached)
- A [Newsround clip](#)
- The Unicef website, in particular the [section on how to talk to your child](#)
- The [YoungScot website](#)
- The British Psychological Society website <https://www.bps.org.uk/news-and-policy/talking-children-about-coronavirus>

Some tips for staff, children and family members who are hoping to reduce their levels of anxiety

The following tips may be useful for people who are hoping to reduce their anxiety around coronavirus:

- Try reducing your exposure to media coverage of coronavirus, particularly if the information is likely to be misleading, inaccurate or sensationalising. Try restricting yourself to particular sources of key information (e.g. [UK Government Response](#) and [NHS advice](#))
- Be mindful of what children might be overhearing on the news or from adults and other children, and let children know that they can talk to you about anything they might be worried about
- Try the BBC's [‘Seven Techniques for Helping Kids Keep Calm’](#)